

## Useful websites for parents to keep children and teenagers safe online

Checking whether apps, games and social networks are age appropriate (children are put at risk of being exposed to extreme violence, sexual content, abusive language, grooming and cyberbullying when age restrictions are ignored)

<https://www.net-aware.org.uk/>

<https://www.net-aware.org.uk/networks/?order=-popularity>

<http://www.everybodyplays.co.uk/>

<https://www.commonsensemedia.org>

### Parent Zone

Vodafone offer an excellent free subscription service to their Digital Parent Magazine. If you follow the link it will take you to the site where you can sign up to receive the magazine, I would highly recommend it to you. Apart from the magazine there is a lot of supportive information on the site for parents; I hope you find this useful.

<http://www.vodafone.com/content/digital-parenting/learning-and-fun/digital-parenting-magazine.html>

<http://parentzone.org.uk/DP5>

### Thinkuknow for 8-10 year olds

[https://www.thinkuknow.co.uk/8\\_10/](https://www.thinkuknow.co.uk/8_10/)

### The NSPCC website – online safety

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/#tips>

### Talking to your child about online safety

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/>

### Setting Parental controls

[www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider](http://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider)

Also parents can ring the o2 Guru helpline 0808 800 5002, or visit an O2 Guru in one of their stores for any help with setting parental controls (on any phone or device not just O2) or help with preventing cyberbullying.

### Parental control for games

<http://www.askaboutgames.com/parental-controls/>

### CEOP website – useful for reporting

<https://www.ceop.police.uk/safety-centre/>

<https://parentzone.org.uk/>

### You Tube for Kids <https://kids.youtube.com>

### Specific advice on internet safety for children

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/>